

Robin Newman, PsyD



Founder & Clinical Psychologist

Dr. Robin Newman, PsyD, is owner and senior psychologist and therapist at Healing Hearts Therapy Center found in Lindale, Texas. Located in central east Texas, HHTC's office rests within an easy drive of the Dallas/Ft. Worth area to the west, Shreveport LA to the east, Houston and Waco to the South and all the North-East Texas towns up to the Oklahoma border and beyond. Dr. Newman received her doctorate in clinical psychology from the Colorado School of Professional Psychology in Colorado Springs.

In her private practice, Dr. Newman sees a variety of patients of all ages. While she enjoys working with children of all ages, she also works regularly with adolescents, adults and seniors. Through family, couples, group, individual, and play therapy she is able to reach into the hearts of many and help effect change for all those who are willing to do the hard work of healing and self-exploration. Dr. Newman sees children with developmental delays such as autism, neurological disorders as found in Tourette's syndrome, and attention disorders as is commonly seen in ADHD. While she is equipped to offer evaluations, provide explanations and possible diagnoses of certain behaviors, she does not prescribe medications. However, Dr. Newman will make a referral to family practice doctors and psychiatrists as needed.

In addition to working with children, Dr. Newman also works with men and women, including those with bipolar disorder, depression, anxiety, trauma and post-traumatic disorder, marital conflicts, grief, parenting difficulties, sexual addiction, and issues related to families involved in Christian ministry. She's also counseled those suffering from substance abuse, and worked with prisoners and others facing federal criminal charges. Today, many of the women that she sees in her practice are partners of sex addicts, whose husbands have participated in such things as a compulsive sex addiction that involves affairs, pornography, prostitution and strip clubs, among other behaviors. Women married to sex addicts often suffer from low self-esteem, depression, anxiety, deep-seated anger, and confusion. Dr. Newman compassionately guides these woman through the healing process, offering them hope, increased self-awareness and self-esteem, and ways they can set healthy boundaries.

For media inquiries, please contact Patrick Newman at [patrick@healingheartstherapy.net](mailto:patrick@healingheartstherapy.net) or call HHTC at their main number of 719.260.1221

Dr. Newman also serves as a parental advocate, helping parents learn to set boundaries, suitably establishing appropriate discipline with the family, and assisting them in making decisions that are in the best interest of their child—all done with an understanding and concern for the child’s growth and success. Dr. Newman also offers psychological, IQ and career development testing at her office in Lindale, Texas.

Dr. Newman founded HHTC with this mission: To compassionately and effectively assist “children” of all ages--young and old alike--in their quest for understanding and healing of deep emotional wounds as they develop stronger, healthier, interpersonal skills on their journey to Live Again™. In addition to receiving her doctorate in clinical psychology, Dr. Newman received her undergraduate degree in Elementary Education at Baylor University in Waco, Texas, and her masters in psychology at the Colorado School of Professional Psychology. She taught for 10 years before beginning graduate work in psychology, which was “a life-long dream,” says Newman. She has also written a published book, [That I Might Not Sin](#), a Scripture-based book, equipping parents to spend quality time with their families as they help their children develop strong character and integrity through stories, activities, and scripture memorization. She has also written numerous articles on parenting through [Renewing the Heart](#), and has authored many greeting cards with Dayspring Cards out of Siloam Springs, Ark.

Dr. Newman, a native Texan, now resides with her husband and their three children in Lindale, Texas.

For more information, please reach out to Dr. Robin Newman at the contact information below:

Healing Hearts Therapy Center  
305 E. South St.  
Lindale, Texas 75771  
Email: [drnewman@healingheartstherapy.net](mailto:drnewman@healingheartstherapy.net)  
Web: <http://www.healingheartstherapy.net>

Or you can reach out to her directly by calling her office at 719.260.1221.